



RIGHTS *NOT* RESCUE

How to Make an Arrest Safety Plan

In a post SESTA/FOSTA world many sex workers are at a greater risk for arrest than ever before. There are some preparations that you can take to help mitigate the violence and incredible life disruption that arrest causes. On this page you will find some tips to prepare for potentially being arrested, and on the next page you will find a worksheet that can be filled out a given to a trusted family member or friend to use in case of your arrest.

1) Know Your Rights

No matter your age, gender, immigration status, or whether you are committing a crime, US law says you certain rights that can't be violated.

- You have the right to be free of illegal searches and arrests.
- You have the right to remain silent and not answer questions from the police.
- You have the right to have a lawyer.

There are ways to stand up for those rights! Sadly, police may not always respect your rights. Always do what feels safest if you are afraid of violence by police.

For more information visit the [Sex Workers Project Fact Sheet](#)

2) Memorize at least one phone number of a trusted friend or family member

3) Consider using an online password manager such as LastPass or Dashlane so a trusted person can access necessary information while you don't have internet access

4) Keep 7 days worth of your medications on you at all time (in correctly labeled prescription bottles)

5) If you have potentially life threatening allergies/medical conditions keep documentation or wear a medic alert bracelet



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Arrest Safety Worksheet

This worksheet is designed to be given to a trusted friend or family member who can advocate on your behalf if you're arrested, memorize this person's phone number! This should be treated as confidential data and kept in a secure location by that person.

Fill out as much of this information is relevant to you.

| | |
|-----------------------|--|
| Date Filled Out: | Current medications (name, dose, frequency): |
| Legal name: | • |
| Birthdate: | • |
| Sex marker on ID: | • |
| Gender Identity: | • |
| Allergies: | • |
| | • |
| Dietary restrictions: | • |

Instructions on domestic obligations (child/elder care, pets, etc.) Addendum may be required:

Monthly bills (minimum payment, dates):

| | | | |
|-------|-----|-------|-------------|
| Name: | \$: | Date: | How to pay: |
| • | | | |
| • | | | |
| • | | | |

Who to notify of arrest (family, friends, employer, etc.):

| | | |
|-------|----------|---------------|
| Name: | Contact: | Relationship: |
| • | | |
| • | | |
| • | | |
| • | | |
| • | | |

Preferred lawyer to contact? Or public defender?: Password manager login:

| | | | |
|---|-------|-----------|-----------|
| • | Site: | Username: | Password: |
|---|-------|-----------|-----------|

Arrest to be publicly announced? Do you want to ask the community to support you?: Y / N

Meal you want when released: